

COURSE TITLE		CHRISTIAN SPIRITUALITY					
Code	KBT: 204 ISVU: 82564	Year of study	II				
Course teacher/s	Associate professor Mladen Parlov, Ph.D.	Credit (ECTS)	4				
Assistants		Type of instruction (number of hours per semester)	L	S	E	F	
			60				
Course status	Core course	Percentage of e-learning implementation					
COURSE DESCRIPTION							
Course goals	<p>Understanding of spiritual life through history and today. Identifying fundamental principles of Christian spiritual life, its development and growth. Introduction to the Christian mystics, the concept and mission of spiritual directory.</p>						
Course enrollment requirements and core competencies	Basic knowledge of the mystery of Christ.						
Expected learning outcomes at the course level (4-10 learning outcomes)	<p>Having successfully completed the course a student should be able to:</p> <ol style="list-style-type: none"> 1. Understand and interpret basic principles of human life. 2. Analyse spiritual experiences and evaluate them. 3. Organize and guide prayer encounter. 4. Explain the importance and impact of different factors in spiritual growth and maturing. 5. Estimate and evaluate different stages of spiritual growth and maturing. 						
Detailed course content (weekly class schedule)	<p>Explain the definition and concepts of spiritual theology (4). General appeal to sanctity (3). Stages of growth and maturing in spiritual life (4). Life with Christ, by Christ and in Christ (2). Innate supernatural organism (the final mercy, the actual mercy, living of the Holy Trinity, theological virtues, cardinal virtues, supreme virtues, gifts of the Holy Spirit, fruits of the Holy Spirit (8). Ways of spiritual growth: the Holy Scripture (2). Sacraments in spiritual life (4). A prayer: definitions, methods, grades, types (4). Assistance in spiritual growth: exercises in God's presence, conscience test, seeking God's will, fidelity to the mercy, spiritual literature, spiritual friendship, spiritual directory (2). Passive virtues, humility, obedience, patience (2). States of spiritual consolation and dryness (2). Conversion and sin (4). Progressive cleansing of the soul (3). Fight against the evil: grades of heart temptations, fight against temptation and; purification of senses, purification of the intellect, will purification (4). Mystic experience: phenomena and state (2). Spirituality of the lay: spirituality of the catechist (2). Prominent figures and schools of Christian spirituality through history (2).</p>						
Format of course instruction:	<input checked="" type="checkbox"/> lectures		<input type="checkbox"/> (other)				
Student obligations	Regular class attendance and active participation.						
Screening student work (specify portion in ECTS credits per each)	Class attendance	1,0	Research		Practical training		
	Experimental work		Written representation	1,0	Individual work		

<i>activity so that total number of ECTS credits corresponds to the ECTS credit value of the course)</i>	Essay		Seminar essay		(Other)	
	Mid-term exams	1,0	Oral exam		(Other)	
	Written exam	1,0	Project		(Other)	
Grading and evaluation of student work in class and at the final exam	Mid-term paper – 10 % Mid-term exam – 40 % Final exam – 50% (oral and/or written)					
Obligatory literature (available in the library or via other media)	Title			Number of copies in the library	Availability via other media	
	Katekizam Katoličke Crkve, HBK, Zagreb, 1994, br. 1700-1748, 2559-2758.			3		
	S. Pinkares, <i>Pavlov i Tomin nauk o duhovnom životu</i> , KS, Zagreb, 2000., 7-37, 71-115, 169-205, 219-230, 243-263.			1		
	<i>Darovi Duha za naše vrijeme</i> , Riječki teološki časopis 7 (1999) 1, 3-214.			1	www.srce.hrca k.hr	
Supplementary literature	A. Matanić, <i>Uvod u duhovnost</i> , KS, Zagreb, 1994., 13-57; (2 copies) Ž. Bezić, <i>Kršćansko savršenstvo</i> , CnaK, Mostar 1986., 186-230; (11 copies). J. Mamić, <i>Razvoj suvremene duhovnosti</i> , KS, Zagreb 2003., 5-95; (1 copy) M. Špehar, <i>U potrazi za duhovnim iskustvom</i> , GK, Zagreb, 2004., 9-117; M. Szentmartony, <i>Psihologija duhovnog života</i> , FTI, Zagreb, 1990., 49-152.(4 copies)					
Quality assurance methods aimed at ensuring the acquisition of defined learning outcomes	Student-teacher consultations, questionnaire, student attendance register, active participation in discussions, written representation, end-of-semester course and teacher evaluation.					
Other (according to the opinion of education provider)						