

COURSE TITLE		SPIRITUAL THEOLOGY				
Code	KBF: 522 ISVU: 112099	Year of study	V			
Course teacher/s	Associate professor Mladen Parlov, Ph.D.	Credit (ECTS)	4			
Assistants		Type of instruction (number of hours per semester)	L	S	E	F
			45			
Course status	Core course	Percentage of e-learning implementation				
COURSE DESCRIPTION						
Course goals	Understand spiritual life during history and today. Discern basic principles of Christian spiritual life and stages of its development and growth. Familiarise students with Christian mystics, understanding and the possibilities of the implementation of spiritual guidance.					
Course enrollment requirements and core competencies	Basic knowledge of Christian revelation, dogmatic and moral theology.					
Expected learning outcomes at the course level (4-10 learning outcomes)	<p>Having successfully completed the course a student should be able to:</p> <ol style="list-style-type: none"> 1. Understand and interpret basic principles of human life. 2. Analyse spiritual experiences and evaluate them. 3. Organize and guide prayer encounters. 4. Explain the importance and impact of different factors on spiritual growth and maturing. 5. Estimate and evaluate different stages of spiritual growth and maturing. 					
Detailed course content (weekly class schedule)	<p>Explain the definition and concepts of spiritual theology (4). General appeal to sanctity (3). Stages of growth and maturing in spiritual life (4). Life with Christ, by Christ and in Christ (2). Innate supernatural organism (the final mercy, the actual mercy, living of the Holy Trinity, theological virtues, cardinal virtues, supreme virtues, gifts of the Holy Spirit, fruits of the Holy Spirit) (8). Ways of spiritual growth: the Holy Scripture (2). Sacraments in spiritual life (4). A prayer: definitions, methods, grades, types (4). Assistance in spiritual growth: exercises in God's presence, conscience test, seeking God's will, fidelity to the mercy, spiritual literature, spiritual friendship, spiritual leadership (2). Passive virtues, humility, obedience, patience (2). States of spiritual consolation and dryness (2). Conversion and sin (4). Progressive cleansing of the soul (3). Fight against the evil: grades of heart temptations, fight against temptation and trial; purification of senses, purification of the intellect, will purification (4). Mystic experience: phenomena and state (2). Diachronic overview of prominent figures and schools of Christian spirituality (2).</p>					
Format of course instruction:	<input checked="" type="checkbox"/> lectures <input type="checkbox"/> seminars and workshops <input type="checkbox"/> exercises <input type="checkbox"/> combined e-learning <input type="checkbox"/> field instruction		<input type="checkbox"/> individual tasks <input type="checkbox"/> multimedia <input type="checkbox"/> laboratory <input type="checkbox"/> mentorship work <input type="checkbox"/> (other)			

Student obligations	Regular class attendance and active participation.					
Screening student work (specify portion in ECTS credits per each activity so that total number of ECTS credits corresponds to the ECTS credit value of the course)	Class attendance	1,0	Research		Practical training	
	Experimental work		Written representation	1,0	Individual work	
	Essay		Seminar essay		(Other)	
	Mid-term exams	1,0	Oral exam		(Other)	
	Written exam	1,0	Project		(Other)	
Grading and evaluation of student work in class and at the final exam	Presentation – 10 % Mid-term exam – 40 % Final exam – 50% (oral and/or written)					
Obligatory literature (available in the library or via other media)	Title			Number of copies in the library	Availability via other media	
	Katekizam Katoličke Crkve, HBK, Zagreb, 1994., br. 1700-1748, 2559-2758.			3		
	S. Pinkares, <i>Pavlov i Tomin nauk o duhovnom životu</i> , KS, Zagreb, 2000., 7-37, 71-115, 169-205, 219-230, 243-263.			1		
	F. Podgorelec, <i>Uvod u duhovnu teologiju</i> , KIZ, Zagreb, 2010., 9-68.					
Supplementary literature	J. Auman, <i>Teologia spirituale</i> , Edizioni Dehoniane, Roma 1980., 209-517; Ch. Bernard, <i>Teologia spirituale</i> , Edizioni Paoline, Milano 1989., 19-97. Ž. Bezić, <i>Kršćansko savršenstvo</i> , CnaK, Mostar 1986., 186-230. <i>Darovi Duha za naše vrijeme</i> , u: <i>Riječki teološki časopis</i> 7 (1999) 1, 3-214.					
Quality assurance methods aimed at ensuring the acquisition of defined learning outcomes	Student-teacher consultations, questionnaire, student attendance register, active participation in discussions, written presentation, end-of-semester course and teacher evaluation.					
Other (according to the opinion of education provider)						