## COURSE TITLE

<table>
<thead>
<tr>
<th>Code</th>
<th>CODE</th>
<th>Year of study</th>
<th>Course teacher/s</th>
<th>Credit (ECTS)</th>
<th>Type of instruction (number of hours per semester)</th>
<th>Percentage of e-learning implementation</th>
</tr>
</thead>
<tbody>
<tr>
<td>KBF: 106</td>
<td>ISVU: 82136</td>
<td>1</td>
<td>Full professor Ivan Tadić, Ph.D.</td>
<td>4</td>
<td>L S E F</td>
<td>45</td>
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<td>ISVU: 82136</td>
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### COURSE DESCRIPTION

**Course goals**
Students should acquire basic knowledge of psychological processes concerning human experience and behaviour. Understand overall factors affecting psychological processes and their eventual change. Raise awareness on one's own emotional states and models of coping with problems.

**Course enrollment requirements and core competencies**

**Expected learning outcomes at the course level (4-10 learning outcomes)**

Having successfully completed the course a student should be able to:

1. Explain fundamental features of psychology as scientific discipline.
2. Interpret basic psychological processes of experience and behaviour.
3. Interpret basic cognitive processes.
4. Recognize basic dynamic assumptions.
5. Discern and identify various emotional states and their impact on experience.
6. Interpret the impact of environmental and genetic factors on personality development.
7. Distinguish and classify normal from pathological states.
8. Select an adequate approach to problem solving.

**Detailed course content (weekly class schedule)**

- What is psychology (3).
- Biological basis of our inner experiences (3).
- Heredity or environment (3).
- How do we know that there is the world beyond the world (3).
- Different states of consciousness: sleeping and dreams, altered state of consciousness: hypnosis, meditation, drugs (5).
- Assumptions, learning, memory (5).
- Opinion and speech (3).
- Intelligence (3).
- Emotions (3).
- Motivation (3).
- Personality (4).
- Normality and pathology (3).
- Mental health (2).
- Parapsychology (2).

**Format of course instruction:**

- Lectures
- Seminars and workshops
- Exercises
- On line entirely
- Combined e-learning
- Field instruction

- Individual tasks
- Multimedia
- Laboratory
- Mentorship work
- (Other)

**Student obligations**
Regular class attendance and active participation.

**Screening student**
Class attendance | 1,5 | Research | Practical
## INTEGRATED UNIVERSITY PHILOSOPHICAL-THEOLOGICAL STUDIES

### Work (specify portion in ECTS credits per each activity so that total number of ECTS credits corresponds to the ECTS credit value of the course)

<table>
<thead>
<tr>
<th>Activity</th>
<th>Work Type</th>
<th>Training</th>
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</thead>
<tbody>
<tr>
<td>Experimental work</td>
<td>Written</td>
<td>(Other)</td>
</tr>
<tr>
<td>Essay</td>
<td>Representation</td>
<td>(Other)</td>
</tr>
<tr>
<td>Mid-term exams</td>
<td>1,5</td>
<td>Oral exam 0,5 (Other)</td>
</tr>
<tr>
<td>Written exam</td>
<td>0,5</td>
<td>Project (Other)</td>
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</table>

### Grading and evaluation of student work in class and at the final exam

- Preliminary exam 50%
- Final exam 50%

### Obligatory literature (available in the library or via other media)

<table>
<thead>
<tr>
<th>Title</th>
<th>Number of copies in the library</th>
<th>Availability via other media</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seligman Martin, <em>Naučeni optimizam</em>, IEP, Zagreb, 2006, 1-328.</td>
<td>1</td>
<td></td>
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<tr>
<td>Frankl Viktor E., <em>Život uvijek ima smisla</em>, Provincija franjevaca trećoredaca, Zagreb, 2007 7, 1-133.</td>
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### Supplementary literature


### Quality assurance methods aimed at ensuring the acquisition of defined learning outcomes

- Consultations, student attendance register, activities in discussions, teacher and course evaluation at the end of the semester.

### Other (according to the opinion of education provider)